



DESERT CHRISTIAN ACADEMY

Toilet Training Plan

Stage 1: Pre-training (18 to 24 months)) Children wear diapers and teachers check and change children's diapers as necessary.

1. Ask children "Are your pants dry?" Children receive a lot of enthusiasm and a sticker every time they answer correctly.
2. Give children a chance to sit on the toilet or potty seat if they ask to sit.

(The criterion for beginning stage 2 of toilet training is that the child frequently asks to sit on the toilet or the child is 23 months old)

Stage 2: Familiarization (20 to 24 months) Children continue to be dressed in diapers but accept the routine of sitting for a brief period of time in order to have an opportunity to use the toilet. Teachers Encourage children and reward them with a lot of attention and/ or a sticker any time that they sit on the toilet or potty seat for at least 2 minutes.

1. Ask if child's pants are dry, check pants, and praise child if he/she answers correctly.
2. If change is needed, remove diaper completely; if diaper is clean and dry, pull diaper down for child to sit on toilet or potty seat.
3. Have child sit on toilet or potty seat and give child a hug (and possibly a sticker) if he /she sits for at least 2 minutes.
4. If child has success on toilet, respond with enthusiasm, hugs, and another sticker.
8. Have child wash hands.
9. Return child to play.
10. Record child's progress.

(The criterion for beginning stage 3 of toilet training is when the child sits for 2 minutes at least twice each day for 10 consecutive days and is successful at least once. Rev.5/99)

Stage 3: In Training (24 to 34 months) Children in training wear heavy training pants or regular underwear, no diapers. During this stage some form of tangible reward -a sticker, small toy, or cracker-for success helps to focus the child's progress in a way that he or she can remember and thus repeat.

1. Remind in-training children frequently to "go potty"

2. Ask if child's pants are dry, check child's pants and praise child if he/she answers correctly.
3. If wet or dirty, remove pants either while child stands in bathroom or while child is lying on diapering table; clean child's bottom if needed.
4. If dry, praise with enthusiasm.
5. Have child sit on toilet or potty seat for at least 2 minutes.
6. If child is successful, respond with enthusiasm, applause, and a sticker.
7. Encourage child to participate in dressing him/herself.
8. Have child wash hands.
9. Return child to play.
10. Record child's progress.

(The criterion for beginning stage 4 of toilet training is when the child is successful at least twice each day for 10 consecutive days.)

Stage 4: Transition to Independence: (30-40 months) A child in the transition stage of toilet training has learned the basics of using the toilet, demonstrating regular success. Their primary remaining task is to recognize, before it is too late, when they need to use the toilet. Children at this stage will vary in their ability to dress and undress themselves, and teachers should encourage them to do as much as they can independently.

1. Ask if child's pants are dry, check child's pants and praise child if he/she answers correctly.
2. If wet or dirty, remove pants and clean child's bottom if needed.
3. If dry, praise and celebrate.
4. Have child sit on toilet or potty seat, encouraging child's independence in undressing.
5. If child was dry and is successful, respond with enthusiasm and a sticker.
6. If child was wet and is successful, respond with just as much enthusiasm but no sticker.
7. Encourage the child to dress independently, helping only as needed.
8. Have child wash hands.
9. Return child to play.
10. Record child's progress.

(The criterion for beginning stage 5 of toilet training is when the child is dry all day at least 8 of 10 consecutive days.)